

# CATALOG

2020



WALKOLUTION

WALKOLUTION

Our bodies are designed to move, but today's offices largely ignoring this basic human need.

Walkolution revolutionize the way how humans learn, work and meet.



## SIT LESS. WALK MORE.

The average human sits for more than 11 hours per day. In comparison to our evolutionary history sitting is a very recent phenomenon, or a glimpse of the eye to put it blandly.

We sabotage ourselves, when we are sitting down at work — the one place, where cognitive power is most decisive and we risk our health. Sitting all day not only increases the risk for back pain, but also for diabetes, heart disease, stroke, cancer, depression and many other, actually highly avoidable disease.

We have a single goal at Walkolution. To create the perfect workplace and to offer people a real alternative to sitting. An office for humans.

An unparalleled vital experience is waiting right at your desk.



## SITTING IS THE NEW SMOKING

### WHY WE DO WHAT WE DO

Our nomadic ancestors walked for most of the day and even our agrarian ancestors likely only sat for around three hours a day. When comparing against the grand scale of human existence on earth, it is only in the past 150 years or so in which sedentariness rapidly became the unquestioned status quo. This period of time feels insignificant when considering the big picture in which the human genetic setup developed.

Nevertheless, each cell in our body still contains the very same genetic code as our ancestors, which has prepared us for an entirely different existence: that of an active mover.

The widespread belief is that going for an evening run a couple of times per week puts you off the hook. If it were only so simple!

Medical research shows, that prolonged sedentary time is associated with health risks independently, regardless of the amount of time an individual spends engaged in physical activity.

Sitting too much, is not the same as moving too little.

**STAND. WALK. LEAN BACK.  
REPEAT.**

The best position at work does not exist. It works best when you can change your posture intuitively and frequently. Working while walking is no different. Every monotonous movement inevitably leads to strain and fatigue on the long run. An electrically driven treadmill is therefore not suitable for ergonomic use in a professional office environment.

The body needs variety.

Our treadmill desk concept has therefore been designed in such a way that the user can stop at any time or lean back against the integrated backrest in an optimal position. Unlike switching between sitting and standing at a conventional stand-up desk, the change at a Walkolution system is smooth and occurs subconsciously.



**WALKING**



**STANDING**



**RESTING**

THE 2020  
WORK AND WALK  
SERIES



# MODULARITY

## VARIABLE CONFIGURATION FOR ALL NEEDS

Walkolution products are built for maximum flexibility. All components can be detached in just a few steps. This not only makes transport easier, but also allows for individual configuration, for example the combination with an existing stand-up desk in the Starter Edition.

All components can also be added at a later time.

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A close-up photograph of a wooden skateboard deck. The wood grain is clearly visible, and the brand name 'WALKKOLUTION' is printed in a bold, black, sans-serif font along the edge. Two screws are visible on the deck's surface. The background is dark and out of focus.

**WALKKOLUTION**

S U S T A I N A B L Y  
M A D E I N  
G E R M A N Y

#### SELECTED MATERIALS

In our manufacturing facility in northern Bavaria we combine German craftsmanship with high-technology production machinery.

The wood we use is eco-certified and harvested from sustainable local forestries. Finally, all parts are hand assembled, ensuring highest quality and the unparalleled longevity of our products.

# ADJUSTABLE

## FOLLOW YOUR INTUITION

Our systems adapt to you. Not the other way around. The built-in sliding mechanism in the table allows for an intuitive and distraction-free use while you focus on your work.

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# NO DISTRACTION

## EMBRACING THE SILENCE

While the inner mechanism in the treadmill is specially designed for noiseless operation, the use of specially selected elastic wood components ensures a wonderfully quiet and pleasant walking experience.



## MOBILITY

### WORK WHERE YOU WANT

Walkolution's Work and Walk concept lets you enter a new dimension of creativity and vitality at work. Compatible with a multitude of settings - a single workplace, a creative zone, a place to have phone calls or as a flex desk in an open office design.

Relocating the treadmill desk is as easy as moving a chair, since it has 4 wheels. In order to be able to work undisturbed, simply roll the Walkolution system into a quiet environment. If you want to stimulate your creativity, maybe the space in front of a bright window or even the rooftop terrace outside is the better choice.

The integrated compartment at the desk can carry a battery pack\* to power a notebook and can store your personal items.





THE  
MEET AND WALK  
SERIES



### HOW MEETINGS SHOULD BE.

People often get their best ideas, while they are moving. That is not a coincidence. So why not bring this tool into our daily meetings, that are held to spark new ideas and find creative solutions?

With the Meet and Walk Series, you can combine several treadmill desks and hold your meetings with your colleagues while walking. These places rapidly become the most popular meeting point within a company.

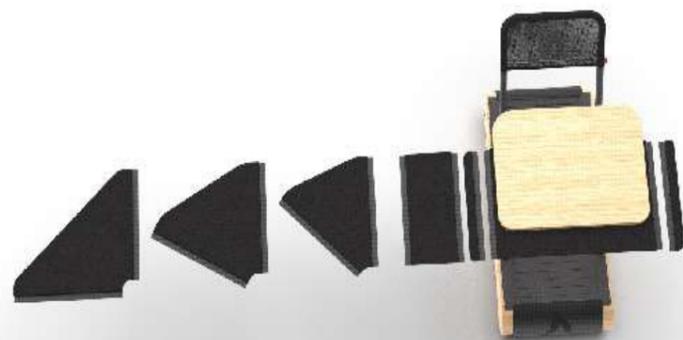


# CONNECTION MODULES

## ONE BECOMES TWO, OR THREE OR FOUR ...

The Meet and Walk connection modules allow to combine any number of devices.

Based on your office and meeting room setup, you can decide whether you prefer to form a large circle, a constellation in which the devices face each other or any other formation.



## MAKE IT YOURS

Walkolution devices often attract a lot of attention. That's why we also offer corporate branded and customized solutions. Our team of highly qualified designers will be able to fulfill almost any wish you may have and the skilled craftsmans in our production can turn them into stunning reality.

# ABOUT

## WE NEED A MOVEMENT REVOLUTION

Research findings on the devastating health effects of a sedentary lifestyle have increased significantly over the last decade. An everyday activity that seems remarkably unproblematic to most people is more and more identified as one of the biggest risk factors for being affected by a large number of actually highly preventable but life altering diseases, such as diabetes, heart disease, cancer, depression and the list goes on.

At the same time, we find ourselves in a world that effectively leaves us no choice but to sit most of our days. After school and subsequent professional training, we also just no longer question the sedentary lifestyle and take it for granted.

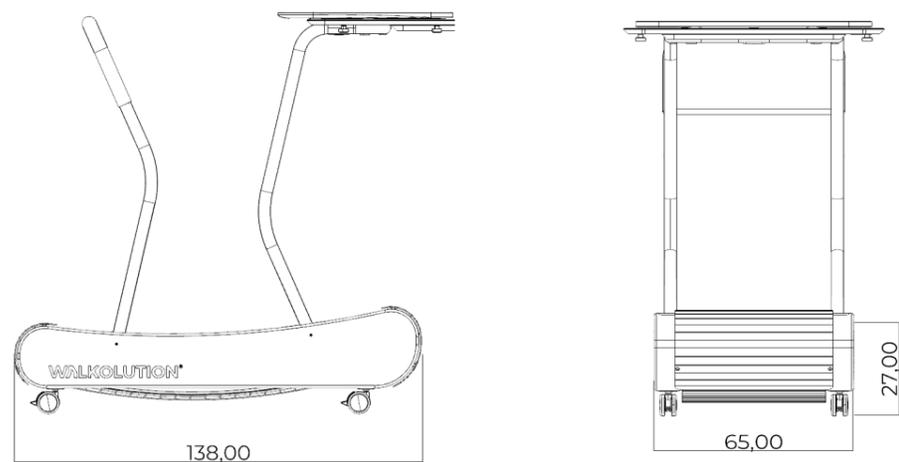
Walkolution was founded in 2017 by Eric Söhngen and Frank Ackermann with the aim of offering a comprehensive, healthy alternative to sitting on chairs. The Bavaria, Germany based company is committed to strict ecological manufacturing standards and engages actively in medical and neuroscientific research studies in order to help to pave the way for a new human and health centered work and education culture.

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**WALKOLUTION FOUNDERS**  
FRANK ACKERMANN AND DR. MED. ERIC SÖHNGEN

# TECHNICAL SPECIFICATIONS



**Total Weight Treadmill**  
68 kg

**Total Weight Desktop and Backrest**  
27 kg

**Approved user weight**  
120 kg

**Certification class**  
Commercial fitness equipment, Class S  
(Certified according to the guidelines of the  
European Union, DIN EN ISO 20957)

## CREDIT AND CONTACT

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Design and Art Direction

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